

〈教育セミナー〉
(アクネケア最前線)

最近のアクネ用化粧品とアクネススキンケアについて

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Current Cosmetics for Acne and Methods of Acne Skin-Care

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Abstract

Most of cosmetics for acne sold in Japan are classified into Quasi-drugs. People who has non-severe acne has a tendency to use a special cosmetics for acne as self-care before asking dermatologist's treatment. Therefore, acne cosmetics are popular among young generation. A healthy person who has moderate acne can relieve or cure it by taking day-by-day skin-care and improving her/his life-style. Therefore, the daily skin-care using acne cosmetics can be recognized to be important. The development of new acne cosmetics always requires a wide-ranging knowledge of acne. Essential investigation for the development of acne cosmetics needs the study of the etiology and the aggravation mechanism of acne and also the sociological study of a generation of those who may have acne. The misuse of acne cosmetics gives not only the suppression of the function of the cosmetics, but also the induction of a considerable damage to acne and skin. In this report, the role of cosmetics for acne, the recent development of the research of special cosmetics for adult acne, and a suitable method of acne skin-care will be discussed.

Key words: acne, cosmetic, skin-care.