

〈教育セミナー〉

(21世紀へ向けてのアンチエイジング—しわを防ぐために)

## 美容外科からみた日本人の顔の老化と若返り

白壁 征夫\*

### Aging and Rejuvenation of Japanese Face from the Aspect of Cosmetic Surgery

Yukio SHIRAKABE\*

#### Abstract

The history of facelifting or rhytidectomy in Japanese much shorter than that in western countries. The history is less than 50 years in Japan while it is more than 100 years in the United States. It has been considered that the short history of facelifting was because of the Japanese traditional idea towards aging and cosmetic surgery. However, author feels that Japanese cosmetic doctors avoided making incision in the face because they clinically believed scars more often became keloid in Asian people than in Caucasians. Facelifting is getting more and more accepted in Japan. And the demand of facelifts is increasing. Facelifting is a competitive edge to cosmetic surgeons in Japan now. From my experience, the facelifft methods that have been developed in western countries can not be applied to Japanese people. When author started facelifts, author needed to modify the conventional methods and developed a facelifft method to meet to needs of Japanese people based on the aging signs and shape of Japanese people a few years ago. Author will talk about the aging face in Japanese people in comparison with Caucasians and some methods for Japanese people.

**Key words:** aging face, facelifft, rhytidectomy.