

〈シンポジウム〉

「毛包脂腺系を科学する—にきびと吹き出物」

ニキビと化粧品
——健康女性のニキビと吹き出物に対する意識と
ニキビ用化粧品の課題——

河合江理子*, 稲葉 智之*, 北村 謙始*

Acne and Cosmetics
—The characterization of acne and pimple by healthy
women and theme of anti-acne cosmetics—

Eriko KAWAI,* Tomoyuki INABA,* Kenji KITAMURA*

Abstract

The term, “Fukidemono” has been widely used for the acne and/or pimple in the middle aged and elderly women in Japan. In this study, the consciousness of acne, pimple and the strange term, “Fukidemono” among the women aged 20 to 39 has been researched by mean of questionnaire. It was thought that the difference between acne (Nikibi) and pimple (Fukidemono) was their appearance or influence factor, or both. “Nikibi” was differentiated for “Fukidemono” in the age 20 and “Nikibi” is the symbol of youth. On the other hand, “Fukidemono” is the barometer of one’s physical condition. The acne occurs in not only oily skin type but also all the other types. The results showed that new skin-care methods based on skin physiological parameters of the 20-30’s acnetic skin is necessary for them.

Key words: acne, pimple, Fukidemono.