

〈シンポジウム〉

「毛包脂腺系を科学する—にきびと吹き出物」

皮膚科医からみたにきびと吹き出物

——皮膚科医，医学生，一般人に対するアンケート調査結果から——

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Nikibi and Fukidemono

—A questionnaire study to dermatologists, general population, and medical students—

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Abstract

The terms, Nikibi and Fukidemono in Japanese, have been widely used for some skin lesions including *Acne vulgaris* and various eruptions. This study was aimed to clarify what dermatologists mean by Nikibi and Fukidemono. A total of 308 dermatologists from 25 universities all over Japan completed a questionnaire concerning Nikibi and Fukidemono. Most dermatologists mean *Acne vulgaris* by Nikibi. However, there is no consensus concerning the term Fukidemono. Thirty-nine percent of the dermatologists think Fukidemono is same to Nikibi, that is *Acne vulgaris*, 33% think it is a different disease, and 18% mean Fukidemono as an postadolescent acne. Fukidemono is an ambiguous word so that it should not be used as a technical term of dermatology. When a patient speaks of Nikibi and Fukidemono, we have to ask what he or she exactly means by the words.

Key words: acne, pimple, eruption, questionnaire study, concept.