〈原 著〉

## 尋常性痤瘡の治療前後におけるFAD効果の検討

伊藤直子, 蜷川よしみ, 谷野宮裕子, 細川かをり, 鈴木真理, 松永佳世子, 早川律子\*

## The Study on FAD Effect in Acne Vulgaris Before and After Treatment

Naoko ITO, Yoshimi NINAGAWA, Yuuko TANINOMIYA Kaori HOSOKAWA, Mari SUZUKI, Kayoko MATUNAGA Rituko HAYAKAWA\*

## **Abstract**

We studied on the relationship between acne vulgaris and  $VB_2$  deficiency by using erythrocyte glutathione reductase (EGR) activity method. We reported at the Annual Meeting of Japan Dermatological Society Central Branch that the mean values and standard deviation of FAD coefficient in acne vulgaris were  $1.07 \pm 0.05$  in mild cases,  $1.15 \pm 0.11$  in moderate and  $1.21 \pm 0.08$  in severe, and significant differences of FAD coefficient mean values were found among the three groups by analysis valiance one way layout (p < 0.05). In this time, we studied about FAD coefficient of acne vulgaris before and after treatment with and without dosage of  $VB_2$ . The subjects were 17 cases with moderate or sever acne vulgaris. EGR activities with and without FAD were measured and FAD coefficient were calculated before and after treatment.

In the VB<sub>2</sub> dosed group the mean values of FAD coefficient were  $1.23 \pm 0.10$  in before treatment and  $1.01 \pm 0.05$  in after treatment, and significant difference was shown between before and after treatment by t-test (p < 0.01). In the VB<sub>2</sub> undosed group the mean values of FAD coefficient were  $1.22 \pm 0.10$  in before treatment and  $1.10 \pm 0.05$  in after treatment, and significant difference was shown before and after treatment by t-test (p < 0.01).

There were no significant differences between the mean values of FAD coefficient in  $VB_2$  dosed group and undosed group at both times of before and after treatment.

So we thought  $VB_2$  deficiency was not a cause of acne vulgaris and  $VB_2$  deficiency might be developed in the condition with acne vulgaris.

## **Key Words**

VB<sub>2</sub> deficiency, erythrocyte glutathion reductase, FAD coefficient, acne vulgaris