

〈教育セミナー〉

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新しい日常生活で生じた顔と手の皮膚障害

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**Skin Disorders on the Face and Hands Caused by COVID-19 Prevention Measures**

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**Abstract**

Daily infection control against COVID-19 infection are causing new skin symptoms on the face and hands. Dermatitis and acne due to non-woven masks, which are optimal for prevention, tend to occur easily if the skin barrier function cannot be maintained normally. Intractable hand eczema is caused by hand washing and disinfection, and gloves are used for the purpose of protection, but treatment is difficult because daily infection control must be continued. If rashes on the face or fingers do not heal easily, protective products may be aggravating factors, so a patch test should be performed to find out the cause. There is a possibility that irritation and allergic reactions due to new chemical substances have occurred due to changes in lifestyle. In order not to cause skin symptoms, each individual needs to continue appropriate cleansing and moisturizing measures according to their own skin quality.

**Key words:** COVID-19, viral infection, non-woven fabric, mask dermatitis, patch test.