

〈教育セミナー〉

## かゆみと敏感肌

高森建二\*

### Pruritus and Sensitive Skin

Kenji TAKAMORI, M.D., Ph.D.\*

#### Abstract

Sensitive skin is skin that reacts easily to external stimuli such as mechanical, chemical or physical stimulation. Generally, such skin conditions are accompanied with itching. Intrinsic factors that influence sensitive skin are the degree of intraepidermal nerve fibers and barrier dysfunction originating from dry skin. The sensitivity of nerve fibers depends on the number and density of nerve fibers in the epidermis. Skin that satisfies such conditions is skin with atopic dermatitis. The characteristics of atopic skin are dry skin and sensitive skin including itching. Therefore, we can understand the properties of sensitive skin by investigating the characteristics of atopic skin. In this paper the relationship between sensitive skin and atopic skin was discussed.

**Key words** sensitive skin, atopic skin, atopic dermatitis, itching, dry skin.