

〈講 演〉

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医療現場から見た香粧品への期待

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The Expectation to Cosmetic Produces from the Standpoint of Medical Care

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Abstract

A questionnaire survey was done in order to investigate what kind of cosmetics dermatologists need when they see patients in clinics. The result shows that among male dermatologists, 88.2% of them consider sunscreen products as most necessary, in the second, moisturizer (70.6%), the next whitening cosmetics (55.9%), then detergent (52.9%), cover marky (52.9%), foundation (50.0%), toilet lotion (47.1%), milk lotion (44.1%) and make-up products (35.3%), respectively, while female dermatologists require first sunscreen products (93.8%), the next detergent (81.3%), moisturizer (81.3%), toilet lotion (65.6%), cover mark (56.3%), milky lotion (53.1%), foundation (53.1%) and whitening cosmetics (50.0%), respectively. It is noted that whitening cosmetics is ranked higher by male dermatologists than by females. In my opinion, we dermatologists should not regard cosmetics only negatively as one of the harmful factors to skin symptom, but taking account of the way of their use, we will be surely able to use them as useful means in healing the patient's hearts and in supporting and promoting their happiness.

Key words: dermatologists, questionnaire survey, cosmetic therapy, skin care products, make-up products.