

〈シンポジウム 21世紀へ向けた角層研究の幕開け〉
(角層機能からみたセンシティブスキン)

皮膚科医からみたセンシティブスキン

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Sensitive Skin from a Viewpoint of Dermatologist

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Abstract

So-called sensitive skin has been defined as the skin less tolerant to the external stimuli than the normal skin. Most of subjects with sensitive skin have either dry skin or rosacea or rosacea-like dermatitis. In recent consumer marketing surveys, the number of consumers, who have or believe to have sensitive skin, has been increased. The causes of sensitive skin may result in overtreatment with cleaning agents under a low moisture environment and the recent change of female life style, such as physical and mental fatigue with participation in social activities and changes in eating customs. A craze of everyday's shampooing is an example of overtreatment. In addition, scrubbing the body surface with soaping towel on bathing everyday aggravates skin xerosis. Therefore, the need of hypoirritant and hypoallergic cosmetics are urgent. Proper instructions about skin care should be done to the subjects with sensitive skin by dermatologists.

Key words: sensitive skin, dry skin, rosacea, hypoirritant cosmetics, hypoallergic cosmetics.