

〈教育セミナー〉

高 SPF 製品を考える  
——良い点，悪い点：化粧品技術者の立場から——

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**Recent Problems of High SPF Sunscreen Products**

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**Abstract**

The most prominent merit of high SPF sunscreen is high protection efficacy for sunburn. However, after each company started marketing the high SPF products, questions from various sources have increased regarding safety and product itself. This explains why, (1) measurement method, (2) product quality and usage, (3) safety, and (4) claims/labelling, are problems for high SPF products. We should have objective and scientific discussion about ideal high SPF products.

**Key words:** high SPF products, sunscreen.