

<会頭講演>

化粧品と皮膚

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Cosmetics and the Skin

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In the present-day, cosmetic use is one of the daily occurrence.

I carried out a questionnaire survey about cosmetic usage on the patients who visited Dermatological out clinic of Nagoya University Branch Hospital during January to March 1989:

I could take 531 answers and all patients used cosmetics every day except only one male patient. The average number of daily used cosmetics was 10 per person and average number of used cosmetic lines was 8.4 per person.

The human being has used cosmetics for a long time. In ancient times they used animal fat, ocher or stone powder to treat their faces and bodies. Ancient peoples preferred to take an eternal decoration: cosmetic tattooing. In the present-day we use more sophisticated and removable products (cosmetics).

The choice of cosmetics according to the physiological condition of the skin is important, because the amount of the skin surface lipids is changed by aging.

We have to select the products which are suitable for the time, place and purpose.

Key words: cosmetics – skin – skin surface lipids – aging