

シンポジウム「洗う」

洗う ―本質およびその歴史―

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Cleansing: the history and the signification

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Abstract

Generally, cleansing is the first thing people do when preparing to do something – not only concrete objects but also abstract objects such as the mind or the senses.

As there are various conditions for cleansing according to what object one is cleaning and the purpose of cleansing. The very fundamental thing is what wastes we need to eliminate and to what degree we have to expel them; We can't cleanse the skin, the hair and the mouth with too harsh treatment.

Compared with the past, we have more kinds of detergents and have developed more various kinds of supplement tools. But even now it's important to know the appropriate ways of using them. It's not good to cleanse in excess.